

January 2012

Dear Parent / Carer

A counselling service is available to students at Sibford. Our counsellor is Christine Stephens.

Christine has many years experience of working with children, young people and families in a variety of settings. Christine is qualified and holds a Diploma in Person Centred Counselling and Psychotherapy. She is a member of the British Association of Counsellors and Psychotherapists (BACP) and her work within Sibford School follows the ethical guidelines laid down by the BACP for working with young people.

An initial counselling session includes an assessment of the student's mental health and their concerns. A professional decision will be made as to whether counselling will be beneficial and appropriate for the individual's needs. The counsellor and student will then set out an agreement of how they are going to work together.

When a referral is made to the counselling service a charge of £15 will be made for the assessment session. All subsequent sessions will be charged at £30 per session. Sessions last for up to 50 minutes. The charges include the BACP Membership and supervision fees incurred by the counsellor. When Students do not attend their previously arranged appointment, the fees will still be charged unless 24 hours notice is given to the counsellor.

It must be understood that Counselling is a process of personal development and significant change can not be induced by a short number of counselling sessions. If you have any queries, or if you wish to discuss this further, please do not hesitate to contact Maggie Guy or Tricia Everett.

If you would like your child / ward to receive counselling please complete and return the attached slip.

Yours sincerely

Christine Stephens MBACP

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Please return to Tricia Everett, Health Centre, Sibford School.

SIBFORD SCHOOL COUNSELLING SERVICE

Please arrange for (Student's name)
to meet with Christine Stephens.

I have read and understood the terms of payment and I agree to pay the necessary fees at the rate of £30.00 per hour, charged to my account.

Signed Parent/ Guardian

Date